

The Traditional Roman Catholic Calendar's follow the pre-1955 reforms to the Calendar. There will be minor differences to some Saints days if you attend a Mass using the 1962 calendar or a Novus Ordo Mass.

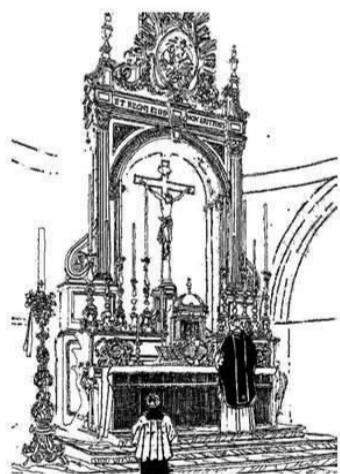
ST BENEDICT'S
LATIN MASS CHAPEL
2 Cressbrook Court
Meadowbrook QLD 4131
Fr Steven Hartley
0434 777 322
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- St Augustine

“Prayer is the key of heaven;
prayer ascends,
and the mercy of God descends.
High as are the heavens,
and low as is the earth,
God hears the voice of man.”

TRADITIONAL ROMAN CATHOLIC CALENDAR of Liturgical Feasts, Patron Saints and Feasts of Devotion 2023

St Benedict's Latin Mass Chapel
3 Cressbrook Court
Meadowbrook QLD 4131



LITURGY AND DEVOTIONS

Daily:
Traditional Latin Mass

Weekly:
Holy Hour/Adoration
Stations of the Cross &
Consecration to The Sacred
Heart

Monthly:
First Saturday Devotion

Website:
www.stbenedictslatinmasschapelmeadowbrook.com
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The Benedictine Medal

The Benedictine medals were first struck in Germany and spread over Europe and the world. They were first approved by Benedict XIV in his briefs of Dec. 23, 1741 and March 12, 1742.

On the front of the medal is St Benedict holding a cross and his rule. To one side is a poisoned cup and a raven on the other—both references to a Benedictine hagiography mentioned earlier. Above the cup are the words:

Crux sancti patris Benedicti
(The Cross of Holy Father Benedict)

Surrounding St Benedict are the words:
Eius in obitu nostro praesentia muniamur!
(May we be strengthened by his presence in the hour of our death.)

This is a reference to the saint being a Patron of a Happy Death along with St Joseph. On the back is a cross with the letters C S S M L - N D S M D. These are the initials of the words:

Blood. (Pius IX Jan 1866)

Dear Jesus present in the Sacrament of the altar, be for ever thanked and praised. Love, worthy of all celestial and terrestrial love! Who, out of infinite love for me, ungrateful sinner, didst assume our human nature, didst shed Thy



Crux sacra sit mihi lux! Non draco sit mihi dux!

(May the holy cross be my light! May the dragon never be my overlord!)

The larger letters C S P B, stand for:

Crux Sancti Patris Benedicti
(The Cross of Holy Father Benedict)

Surrounding the back of the medal are the letters V R S N S M V - S M Q L I V B which refer to the prayer of the Rite of Exorcism:

Vade retro Satana! Numquam suade mihi vana!

Sunt mala quae libas. Ipse venena bibas!

(Begone Satan! Never tempt me with your vanities!

What you offer me is evil. Drink the poison yourself!)

Finally, at the top is the word PAX which means “peace.”

The St Benedict Medal is used to ward off evil by:

1. Wearing the medal around the neck/
2. Attaching it to one's Rosary;
3. Keeping it in one's pocket or purse;
4. Attaching it to one's keychain;
5. Affixing it to one's car or home;
6. Placing it in the foundation of a building;
7. Affixing it to the centre of a crucifix, usually behind the corpus.

According to Dom Gueranger, the medal is considered effective in:

1. Asking for inner peace/spiritual healing;
2. Asking for peace between individuals or between nations;
3. Curing bodily afflictions, especially as protection against contagious diseases;
4. Destroying the effects of witchcraft and all other diabolical and haunting influences;
5. Healing those who are suffering from wounds or illness;
6. Obtaining the conversion of sinners, especially in danger of death
7. Offering protection against storms and lightning;
8. Protecting children from nightmares;
9. Protecting a mother and her child during childbirth;
10. Protecting animals infected with plague or other maladies;
11. Protecting fields infested by harmful insects;
12. Countering the effects of poison;
13. Protecting those tempted or tormented by evil spirits.



Front



Back

TRADITIONAL RULES
OF FASTING
AND ABSTINENCE

Days of Fast: Weekdays of Lent
Days of Abstinence: All Fridays of the year
Days of Fast and Partial Abstinence:
Ember Wednesdays, Ember Saturdays, Vigil of
Pentecost, Vigil of All Saints

Days of Fast and Total Abstinence: Ash Wednesday,
Fridays of Lent, Ember Fridays,
Vigil of The Immaculate Conception, Christmas Eve

On days of Fast, only one full meal is allowed. Two
other meatless meals may be taken according to
one’s needs, but together they should not equal
another full meal. On days of Abstinence, no meat or
meat-soup or gravy made from meat stock may be tak-
en.

On days of Fast and Partial Abstinence, meat and
soup or gravy made from meat may be taken
only once a day at the principal meal. This
applies even to those that are not obliged to fast.
Persons not obliged to Fast may eat meat several
times on days of fast which are not days of
abstinence.

All over the age of 7 are bound to Abstinence; all
over 21 and under 59 are bound to Fast unless
exempt. In cases of doubt, consult a priest or
your confessor.

THE EMBER DAYS
of Spring, Summer, Winter and Fall are to sanctify
(to ask God’s blessing upon) the new season.

ACT OF FAITH
O my God, I firmly believe that Thou art one God in
three Divine Persons, Father, Son and Holy Ghost: I
believe that Thy Divine Son became man and died for
our sins, and that He will come to judge the living and
the dead. I believe these and all the truths which the
Holy Catholic Church teaches, because Thou hast re-
vealed them, who canst neither deceive nor be de-
ceived.

ACT OF HOPE
O my God, relying on Thy infinite goodness and
promises, I hope to obtain pardon for my sins, the help
of Thy grace, and life everlasting, through the merits of
Jesus Christ, my Lord and Redeemer.

ACT OF CHARITY
O my God, I love Thee above all things with my whole
heart and soul, because Thou art all good and worthy
of all my love. I love my neighbour as myself for love of
Thee. I forgive all who have injured me and ask pardon
of all whom I have injured.

ACT OF CONTRITION
O my God, I am heartily sorry for having offended
thee, and I detest all my sins, because I dread the loss of
Heaven and the pains of Hell, but most of all
because they offend Thee, my God Who art all good
and deserving of my love. I firmly resolve with the help
of Thy grace to confess my sins, to do penance and to
amend my life. Amen.

ANGEL OF GOD
Angel of God, my guardian dear, to whom God’s love
commits me here; ever this day be at my side, to light
and guard, to rule and guide. Amen.

PRAYER FOR THE DEAD
Eternal rest grant unto them, O Lord, and perpetual
light shine upon them. May their souls and the souls
all the faithful departed through the mercy of God rest
in peace.

THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy
Ghost. Amen.

THE LORD’S PRAYER
Our Father, Who art in heaven, hallowed be Thy
name; Thy kingdom come; Thy will be done on
earth as it is in heaven. Give us this day our daily
bread; and forgive us our trespasses as we forgive
those who trespass against us; and lead us not into
temptation; but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women and blessed is the
fruit of thy womb, Jesus. Holy Mary, Mother of
God, pray for us sinners now and at the hour of our
death. Amen.

THE GLORY BE

Glory be to the Father, and to the Son, and to the
Holy Spirit, as it was in the beginning, is now and
ever shall be, world without end. Amen.

THEAPOSTLES CREED

I believe in God the Father Almighty, Creator of
heaven and earth, and in Jesus Christ, His only Son,
Our Lord, Who was conceived by the power of the
Holy Spirit, born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died and was buried.
He descended into hell, and on the third day He rose
again from the dead. I believe in the Holy Spirit, the
Holy Catholic Church, the Communion of Saints the
forgiveness of sins, the resurrection of the body and
life everlasting. Amen.
Amen.

The Two Great Commandments of Love 1. You
shall love the Lord your God with all your heart,
with all your soul, and with all your mind.
2. You shall love your neighbor as yourself. The
Decalogue (Ten Commandments) 1. I am the
Lord your God, you shall not have strange gods
before Me. 2. You shall not take the name of the
Lord your God in vain.
3. Keep holy the Lord’s Day.
4. Honor your father and your mother.
5. You shall not kill. 6. You shall not commit
adultery.
7. You shall not steal.
8. You shall not bear false witness against your
neighbor.
9. You shall not covet your neighbor’s wife. 10.
You shall not covet your neighbor’s goods.

The Beatitudes (cf. Mt. 5: 3-12)

Blessed are the poor in spirit, for theirs is the
kingdom of heaven.
Blessed are they who mourn, for they will be
comforted.
Blessed are the meek, for they will inherit the
earth.
Blessed are they who hunger and thirst for right-
eousness, for they will be satisfied.
Blessed are the merciful, for they will be shown
mercy.
Blessed are the pure of heart, for they will see
God.
Blessed are the peacemakers, for they will be
called children of God.

Blessed are those who are persecuted for righteousness’
sake, for theirs is the kingdom of heaven.
Blessed are you when people revile you and persecute
you and utter all kinds of evil against you falsely on my
account.
Rejoice and be glad, for your reward will be great in
heaven.

The Seven Sacraments
Baptism Confirmation Eucharist Penance
Anointing of the Sick Holy Orders
Matrimony

The Precepts of the Church

- 1. You shall attend Mass on Sundays and on holy days
of obligation and remain free from work or activity that
could impede the sanctification of such days.
- 2. You shall confess your sins at least once a year.
- 3. You shall receive the sacrament of the Eucharist at
least during the Easter season.
- 4. You shall observe the days of fasting and abstinence
established by the Church.
- 5. You shall help to provide for the needs of the
Church.

The Three Theological Virtues
Faith Hope Charity

The Four Cardinal Virtues

Prudence Justice Temperance Fortitude

The Seven Gifts of the Holy Spirit

Wisdom Knowledge Understanding
Counsel Fortitude Piety Fear of the Lord

Twelve Fruits of the Holy Spirit

Charity Joy Peace Patience Kindness Goodness Gener-
osity Gentleness Faithfulness Modesty Chastity Self-
Control

The Seven Spiritual Works of Mercy

Instruct the ignorant. Clothe the naked. Counsel the
doubtful. Shelter the homeless. Comfort the afflicted.
Visit the sick. Forgive offenses. Visit the imprisoned.
Bear wrongs patiently. Bury the dead. Pray for the liv-
ing and the dead.

The Seven Corporal Works of Mercy

Feed the hungry. Admonish sinners. Give drink to the
thirsty.

The Seven Capital Sins

Pride Envy Anger Covetousness Lust Gluttony Sloth

The 3 Conditions for a Mortal Sin Grave matter Full
Knowledge Deliberate Consent (For young children
one could use the following terminology) It must be
serious. I must know it is serious. I must freely do it
anyway.

The Four Last Things Death Judgment Heaven Hell
Why God made us God put us in the world to know, to
love, and to serve him and so to come to paradise.

Communion

During a revelation by Our Lord on the 29th May 1930, Sr Lucia clarified what one should do if all the conditions for the devotion, like the receipt of Holy Communion, could not be fulfilled on the first Saturday. Our Lord said: “The practice of this devotion will be equally accepted on the Sunday following the first Saturday, when, for just reasons, My priests will allow it.”

Spiritual Attitude towards the devotion

Our Lady promised that She would “assist at the hour of death, with the graces necessary for salvation” the souls who make the first five Saturdays. However, it is important that the desire to console Our Lady’s Immaculate Heart by making reparation and growing in holiness is the main motivation for the practice. To underline this fact, Our Lord told Sr Lucia:

“It is true, my daughter, that many souls begin the First Saturdays, but few finish them, and those who do complete them do so in order to receive the graces that are promised thereby. It would please me more if they did Five with fervour and with the intention of making reparation to the Heart of your heavenly Mother, than if they did Fifteen, in a tepid and indifferent manner...” (15th February 1926)

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CONSECRATION OF THE HUMAN RACE TO THE SACRED HEART OF JESUS

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Your altar. We are Yours, and Yours we wish to be; but, to be more surely united with You, behold each one of us freely consecrates himself today to Your Most Sacred Heart. Many indeed have never known You; many too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart.

You are King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house lest they die of wretchedness and hunger.

You are King of those who are deceived by erroneous opinions, or whom discord keeps aloof; call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

You are King of all those who are still involved in the darkness of idolatry or of Islamism; refuse not to draw them all into the light and kingdom of God. Turn Your eyes of mercy toward the children of that race, once Your chosen people. Of old they called down upon themselves the Blood of the Savior; may it now descend upon them a laver of redemption and of life.

Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and Honor forever. Amen



Why five Saturdays? Our Lord told Sr Lucia that the 5 Saturdays represent the offences against the Immaculate Heart of Mary.

“My daughter, the reason is simple. There are five types of offenses and blasphemies committed against the Immaculate Heart of Mary: 1. Blasphemies against the Immaculate Conception; 2. Blasphemies against Her Virginity; 3. Blasphemies against Her Divine Maternity, in refusing at the same time to recognize Her as the Mother of men; 4. The blasphemies of those who publicly seek to sow in the hearts of children, indifference, or scorn or even hatred of this Immaculate Mother; 5. The offenses of those who outrage Her directly in Her holy images. Here, my daughter, is the reason why the Immaculate Heart of Mary inspired Me to ask for this little act of reparation. • (May 29, 1930)

Confession Sister Lucia clarified what should be done if confession cannot be made on the first Saturday of the month: “My Jesus! Many souls find it difficult to confess on Saturday. Will Thou allow a confession within eight days to be valid He replied: Yes. It can even be made later on, provided that the souls are in the state of grace when they receive Me on the First Saturday and that they had the intention of making reparation to the Sacred Heart of Mary. – My Jesus! And those who forget to form this intention?

They can form it at the next confession, taking advantage of their first opportunity to go to confession. (February 15, 1926)”

An act of Reparation For Blasphemies Uttered Against the Holy Name

O Jesus, Son of the Living God, Our Saviour and Redeemer, behold us prostrate at thy feet. We beg pardon, and make this act of reparation for all the blasphemies uttered against thy Holy Name, for all the outrages committed against thee in the most holy Sacrament of the altar, for all irreverence shown to thy most blessed and immaculate Mother, and for all the calumnies spoken against Thy Spouse, our holy mother, the Catholic Church. O Jesus, who didst say: “Whatever you shall ask the Father in My Name, that He will do,” we pray and beseech Thee for our brethren who are living in the danger of sin, that Thou wouldst preserve them from the seductions of apostasy. Save them who stand over the abyss; give them the light and knowledge of the truth, power and strength in the conflict against evil, and perseverance in faith and active charity. And therefore, most merciful Jesus, do we pray to the Father in thy name, with Whom Thou livest and reignest in the unity of the Holy Spirit forever and ever.

Amen

(an indulgence 300 days, once a day —
Leo XIII May 13, 1903)



THE HISTORY OF THE FIVE FIRST SATURDAY'S OF THE MONTH

On the 13th May 1917, Our Lady first mentioned devotion to her Immaculate Heart to the children of Fatima saying “You have seen hell, where souls of poor sinners go. To save them God wishes to establish in the world devotion to my Immaculate Heart. If what I say to you is done, many souls will be saved and there will be peace.”

On the 10th December 1925, Our Lady appeared to Lucia detailing how devotion to her Immaculate Heart was to be practiced. These words are from Sr Lucia's own account:

“... by her side, elevated on a luminous cloud, was a child. The most holy Virgin rested her hand on her shoulder, and as she did so, she showed her a heart encircled by thorns, which she was holding in her other hand. At the same time, the Child said:

“Have compassion on the Heart of your most holy Mother, covered with thorns, with which ungrateful men pierce it at every moment, and there is no one to make an act of reparation to remove them.”

Then the most holy Virgin said: “Look, my daughter, at my Heart, surrounded with thorns with which ungrateful men pierce me every moment by their blasphemies and ingratitude. You at least try to console me and say that I promise to assist at the hour of death, with the graces necessary for salvation, all those who, on the first Saturday of five consecutive months, shall confess, receive Holy Communion, recite five decades of the Rosary, and keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me.”

HOW TO PRACTICE THE FIVE FIRST SATURDAY'S DEVOTION

- 1) **Confession:** Make a good confession during the 8 days prior to the first Saturday with the intention of offering reparation for the offences against Our Lady's Immaculate Heart.
- 2) **Communion:** You should attend Holy Mass and receive Holy Communion with the intention of offering reparation for the offences against Our Lady's Immaculate Heart. The Communion should be received *on the first Saturday of the month*.
- 3) **Confession:** Confession must be repeated for 5 consecutive months, without interruption, otherwise you must recommence from the beginning.
- 4) **Holy Rosary:** Recite 5 decades of the Holy Rosary with the intention of making reparation to Our Lady's Immaculate Heart
- 5) **Mediation:** 15 minutes meditation on the mysteries of the Holy Rosary. Accompany Our Lady by meditating on the mysteries of the Holy Rosary. This can be done by reading the biblical texts of the mysteries of the Holy Rosary slowly thinking of their content. You could meditate on one mystery for 15 minutes at the end of the prayer as Sr Lucia did. This meditation is in addition to the recitation of the Rosary.
- 6) **Consecration:** Say the prayer of Consecration to the Immaculate Heart of Mary to conclude the devotion.

ACT OF REPARATION TO THE SACRED

HEART OF JESUS

O sweet Jesus, Whose overflowing charity for me is required by so much forgetfulness, negligence and contempt, behold us prostrate before Your altar eager to repair by a special act of homage the cruel indifference and injuries, to which Your loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Your pardon and declare our readiness to atone by voluntary expiations not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow You, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Your Law.

We are now resolved to expiate each and every deplorable outrage committed against You; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holidays, and the shocking blasphemies uttered against You and Your Saints.

We wish also to make amends for the insults to which Your Vicar on earth and Your priest are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Your Divine Love; and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which You have founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Your divine honor, the satisfaction You once made to Your eternal Father on the cross and which You continue to renews daily on our altars; we offer it in union with the acts of atonement of Your Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Your grace, for all neglect of Your great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent others from offending You and to bring as many as possible to follow You.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to You, so that we may one day come to that happy home, where You with the Father and the Holy Spirit lives and reigns, God, world without end. Amen.

Eucharistic Heart of Jesus, on fire with love of us, inflame our hearts with love of thee!
(An indulgence 300 days)

JANUARY 2023—MONTH OF THE HOLY NAME OF JESUS

SUN	MON	TUES	WED	THUR	FRI	SAT
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1	2	3	4	5	6	7
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CIRCUMCISION OF OUR LORD HOLY DAY OF OBLIGATION	THE MOST HOLY NAME OF JESUS OCTAVE DAY OF ST. STEPHEN, FIRST MARTYR	ST GENEVIEVE, VIRGIN OCTAVE DAY OF ST. JOHN, APEV	OCTAVE DAY OF THE HOLY INNOCENTS, MIM	VIGIL OF THE EPIPHANY ST. TELESOPHORUS, PM	FIRST FRIDAY THE EPIPHANY OF OUR LORD	FIRST SATURDAY WITHIN THE OCTAVE OF THE EPIPHANY
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THE HOLY FAMILY: JESUS, MARY, & JOSEPH SUNDAY WITHIN THE OCTAVE OF THE EPIPHANY	WITHIN THE OCTAVE OF THE EPIPHANY	WITHIN THE OCTAVE OF THE EPIPHANY	WITHIN THE OCTAVE OF THE EPIPHANY	WITHIN THE OCTAVE OF THE EPIPHANY	THE OCTAVE DAY OF THE EPIPHANY	ST. HILARY, PRIEST, M
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2ND SUNDAY AFTER EPIPHANY ST. PAUL, FIRST HERMIT, C ST. MAURUS, AB	ST. MARCELLUS I, PM	ST. ANTHONY, AB	ST. PETER'S CHAIR AT ROME ST. PAUL, AP ST. PRISCILLA, VM	ST. MARIUS & COMP, MM ST. CAYLITE, KING, M	STS. FABIAN, P & SEBASTIAN, MM	ST. AGNES, VM
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22	23	24	25	26	27	28
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29	30	31				
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3RD SUNDAY AFTER EPIPHANY STS. VINCENT & ANASTASIUS, MIM	ST RAYMOND OF PENTEFOUR, C	ST. TIMOTHY, BPM	THE CONVERSION OF ST. PAUL AP	ST. POLYCARP, BPM	ST. JOHN CHRYSOSTOM, BPCD	ST. PETER NOLASCO, C ST. AGNES, VM
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4TH SUNDAY AFTER EPIPHANY ST. FRANCIS DE SALES, BP CD	ST. MARTINA, VM	ST. JOHN BOSCO, C D				
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PRAYER FOR ONESELF

Dear Jesus present in the Sacrament of the altar,
be for ever thanked and praised. Love, worthy of
all celestial and terrestrial love! Who, out of infi-
nite love for me, ungrateful sinner, didst assume
our human nature, didst shed Thy Blood. (Pius
IX Jan 1866)

PRAYER IN HONOR OF THE HOLY
FAMILY

Grant us, O Lord Jesus, faithfully to imitate the
examples of Thy Holy Family, so that in the hour
of our death, in the company of Thy glorious Vir-
gin Mother and St Joseph, we may deserve to be
received by Thee into eternal tabernacles.

(Indulgence of 200 days,
once a day Pope Leo XIII 1893)



DECEMBER 2023—MONTH OF THE IMMACULATE CONCEPTION

May the Eucharistic Heart of Jesus be praised and adored, loved and thanked at every moment in all
the tabernacles of the world, even to the end of times. Amen. (An indulgence of 300 days)

SUN	MON	TUE	WED	THUR	FRI	SAT
31 White					1 FAST/ABSTINENCE	VIOLET 2 RED
SUNDAY WITHIN THE OCTAVE OF THE NATIVITY ST. SYLVESTER I, PC WITHIN THE OCTAVE					FIRST FRIDAY FERIAL DAY	FIRST SATURDAY ST. BIBIANA, VM
3 VIOLET	4 VIOLET	5 VIOLET	6 VIOLET	7 WHITE	8 FAST/ABSTINENCE	WHITE 9 WHITE
1ST SUNDAY OF ADVENT ST. FRANCIS XAVIER, C	ST. PETER CHRYSOLOGUS, BPCD ST. BARBARA, VM	FERIAL DAY ST. SABBAS, AB	ST. NICHOLAS, BPC	ST. AMBROSE, BPCD VIGIL OF THE IMMACULATE CONCEPTION OF THE BVM	THE IMMACULATE CONCEP- TION OF THE BVM HOLY DAY OF OBLIGATION	WITHIN THE OCTAVE OF THE IMMACULATE CONCEPTION
10 WHITE	11 WHITE	12 WHITE	13 WHITE	RED 14 WHITE	15 FAST/ABSTINENCE	WHITE 16 VIOLET
2ND SUNDAY OF ADVENT WITHIN THE OCTAVE OF THE IMMACULATE CONCEPTION ST. MELCHIADES	ST. DAMASUS, I, PC WITHIN OF THE IMMACULATE CONCEPTION	WITHIN THE OCTAVE OF THE IMMACULATE CONCEPTION	ST. LUCY, VM WITHIN THE OCTAVE OF THE IMMACULATE CONCEPTION EMBER WEDNESDAY (ABSTINENCE)	WITHIN THE OCTAVE OF THE IMMACULATE CONCEPTION	OCTAVE OF THE IMMACULATE CONCEPTION (ABSTINENCE) EMBER FRIDAY	ST. EUSEBIUS, BPM (ABSTINENCE) EMBER SATURDAY
17 VIOLET / ROSE	18 VIOLET	19 VIOLET	20 VIOLET	RED 21 WHITE	22 FAST/ABSTINENCE	VIOLET 23 VIOLET
3 RD SUNDAY OF ADVENT [GAUDETE SUNDAY]	FERIAL DAY	VIGIL OF ST. THOMAS	ST. THOMAS, AP	ST. FRANCES XAVIER CABRINI	FERIAL DAY (ABSTINENCE)	VIGIL OF THE NATIVITY (ABSTINENCE)
24 VIOLET	25 WHITE	26 RED	27 WHITE	28 VIOLET	29 FAST/ABSTINENCE	RED 30 WHITE
4 TH SUNDAY OF ADVENT	NATIVITY OF OUR LORD JESUS CHRIST ST. ANASTASIA, M (HOLY DAY OF OBLIGATION)	ST. STEPHEN, FIRST MARTYR WITHIN THE OCTAVE	ST. JOHN, APEV WITHIN THE OCTAVE	THE HOLY INNOCENTS, MM WITHIN THE OCTAVE	ST. THOMAS OF CANTERBURY, BPM WITHIN THE OCTAVE (ABSTINENCE)	WITHIN THE OCTAVE OF THE NATIVITY

Immaculate Virgin! Mary, conceived without sin!

Remember, you were miraculously preserved from even the shadow of sin, because you were destined to become not only the Mother of God, but also the mother, the refuge, and the advocate of man; penetrated therefore, with the most lively confidence in your never-failing intercession, we most humbly implore you to look with favor upon the intentions of this novena, and to obtain for us the graces and the favors we request.

You know, O Mary, how often our hearts are the sanctuaries of God, Who abhors iniquity. Obtain for us, then, than angelic purity which was your favorite virtue, that purity of heart which will attach us to God alone, and that purity of intention which will consecrate every thought, word, and action to His greater glory. Obtain also for us a constant spirit of prayer and self-denial, that we many recover by penance that innocence which we have lost by sin, and at length attain safety to that blessed abode of the saints, where nothing defiled can enter.

O Mary, conceived without sin, pray for us who have recourse to you.
Let us pray,

Holy Mary, Queen of Heaven, Mother of Our Lord Jesus Christ, and mistress of the world, who forsakest no one, and despisest no one, look upon me, O Lady! with an eye of pity, and entreat for me of your beloved Son the forgiveness of all my sins; that, as I now celebrate, with devout affection, your holy and immaculate conception, so, hereafter I may receive the prize of eternal blessedness, by the grace of Him whom you, in virginity, didst bring forth, Jesus Christ Our Lord: Who, with the Father and the Holy Ghost, lives and reigns, in perfect Trinity, God, world without end. Amen.

SUN	MON	TUES	WED	THUR	FRI	SAT
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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
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ST. IGNATIUS, BPM	PURIFICATION OF THE BVM	FIRST FRIDAY	FIRST SATURDAY	ST. ANDREW CORSINI, BPC	ST. TITUS, BPC	ST. DOROTHY, VM	ST. ROMUALD, AB	ST. JOHN OF MATHA, C D	ST CYRIL OF ALEXANDRIA, BPCD	ST. SCHOLASTICA, V	APPARTION OF OUR LADY OF LOURDES	SEKAGESIMA SUNDAY	ST. AGATHA, VM	ST. VALENTINE, PRIEST, M	ST. FAUSTINUS & JOVITA, MM	FERIAL DAY [MASS OF PRECEDING SUNDAY]	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ASH WEDNESDAY	ST PETER'S CHAIR AT ANTOCH	ST. PETER DAMIAN, BPCD	ST. MATTHIAS	ST. MATTHIAS, AP	OUR LADY'S SATURDAY	ST. GABRIEL OF OUR LADY OF SORROWS, C	FERIAL DAY [MASS OF PRECEDING SUNDAY]	1ST SUNDAY OF LENT
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Let us adore thank pray to and console in the company of Mary Immaculate, the most Sacred and well-beloved Heart of Jesus in the Eucharist! An indulgence of 300 Days (Once a month—daily recitation)

FEBRUARY 2023—MONTH OF THE HOLY FAMILY



PRAYER TO ST JOSEPH FOR THE DYING

Everlasting Father, for the sake of the love which Thou didst bear to St. Joseph, whom Thou didst chose above all to occupy Thy place on earth, Have mercy on us and on those who are dying. Our Father, Hail Mary, Glory be ...

Everlasting Son of God, for the sake of Th y love towards St. Joseph, who didst protect Thee so faithfully on earth, have mercy on us all and on those who are dying. Our Father, Hail Mary, Glory be ...

Everlasting Divine Spirit, for the sake of Thy love toward St. Joseph, who so carefully protected Mary, Thy most holy and beloved spouse, have mercy on us and those who are dying. Our Father, Hail Mary, Glory be ...

(Indulgence of 300 days Pope Leo XIII May 1884

MEMORARE TO ST JOSEPH

Remember, O most pure spouse of the Blessed Virgin Mary, my great protector, Saint Joseph, that no one ever had recourse to your protection, or implored your aid without obtaining relief. Confiding therefore in your goodness, I come before you. Do not turn down my petitions, foster father of the Redeemer, but graciously receive them. Amen.



NOVEMBER 2023—MONTH OF THE HOLY SOULS IN PURGATORY

Love and honor and glory be to the Eucharistic Heart of Jesus! (An indulgence of 300 days)

SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2	3	4
			WHITE	BLACK	FAST/ABSTINENCE	WHITE
			ALL SAINTS' DAY HOLY DAY OF OBLIGATION	ALL SOULS' DAY	FIRST FRIDAY WITHIN THE OCTAVE OF ALL SAINTS	FIRST SATURDAY ST. CHARLES BORROMEO, BPC WITHIN THE OCTAVE OF ALL SAINTS
5	6	7	8	9	10	11
GREEN	WHITE	WHITE	WHITE	WHITE	FAST/ABSTINENCE	WHITE
23RD SUNDAY AFTER PENTECOST WITHIN THE OCTAVE OF ALL SAINTS	WITHIN THE OCTAVE ALL SAINTS	WITHIN THE OCTAVE OF ALL SAINTS	OCTAVE DAY OF ALL SAINTS FOUR HOLY CROWNED MARTYRS	DEDICATION OF THE BASILICA OF OUR SAVIOR ST. THEODORE, M	ST. ANDREW AVELLINO, C ST. TRYPHON & COMP., MM	ST. MARTIN OF TOURS, BPC ST. MENNAS, M
12	13	14	15	16	17	18
GREEN	WHITE	RED	WHITE	WHITE	FAST/ABSTINENCE	WHITE
24TH SUNDAY AFTER PENTECOST ST. MARTIN I, PM	ST. DIDACUS, C	ST. JOSAPHAT, BPM	ST. ALBERT THE GREAT, BPCD	ST. GERTRUDE, ABBESS, V	ST GREGORY THAUMATURGUS BPC	DEDICATION OF THE BASILICAS OF ST. PETER AND ST. PAUL
19	20	21	22	23	24	25
GREEN	WHITE	WHITE	RED	RED	FAST/ABSTINENCE	WHITE
25TH SUNDAY AFTER PENTECOST ST. ELIZABETH OF HUNGARY W ST. PONTIANUS, PM	ST. FELIX OF VALOIS, C	PRESENTATION OF THE BVM	ST. CECILIA, VM	ST. CLEMENT I, PM ST. FELICITAS, M	ST. JOHN OF THE CROSS, CD ST. CHRYSOGONUS, M	ST. CATHARINE OF ALEXANDRIA, VM
26	27	28	29	30		
GREEN	VIOLET	VIOLET	VIOLET	RED		
26TH AND LAST SUNDAY AFTER PENTECOST ST. SYLVESTER, AB ST PETER OF ALEXANDRIA BPM	FERIAL DAY [MASS OF PRECEDING SUNDAY]	FERIAL DAY [MASS OF PRECEDING SUNDAY]	VIGIL OF ST. ANDREW ST. SATURNINUS, M	ST. ANDREW, AP		



PRAYER OF SAINT GERTRUDE THE GREAT

"Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere, for sinners in the universal Church, those in my own home, and within my family. Amen."

Eternal Rest

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen. May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

AT THE MEMENTO FOR

THE DEAD MASS PRAYER

I offer Thee again, O Lord, this holy sacrifice of the Body and Blood of Thy only Son, in behalf of the faithful departed, and in particular for the souls of [here name whom you chiefly propose to pray for] my parents, [if dead] relatives, benefactors, neighbors, etc. Likewise of such as I have any ways injured or been the occasion of their sins; of such as have injured me, and been my enemies; of such as die in war, or have none to pray for them, etc. To Thee, O Lord, and to all that rest in Christ, grant, we beseech Thee, a place of refreshment, light, and peace: through the same Christ our Lord.

Amen.

SUN	MON	TUES	WED	THUR	FRI	SAT
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ST. BENEDICT FEAST DAY, AB
TITULAR OF THE CATHEDRAL
DOUBLE OF THE FIRST CLASS
WITH A COMMON OCTAVE
WHITE VESTMENTS

			1	2	3	4
				VIOLET	VIOLET	VIOLET
					FAST/ABSTINENCE	FAST
					VIOLET	FAST
						FIRST SATURDAY
						ST. CASIMIR, C
						ST. LUCIUS I, PM
5	6	7	8	9	10	11
VIOLET	FAST	RED	WHITE	WHITE	FAST/ABSTINENCE	RED
						FAST
						VIOLET

	ST. PERPETUA & FELICITAS MM	ST. THOMAS AQUINAS, CD	ST. JOHN OF GOD, C	ST. FRANCES OF ROME, W	FORTY HOLY MARTYRS	FERIAL DAY [MASS OF PRECEDING SUNDAY]
12	13	14	15	16	17	18
VIOLET	FAST	VIOLET	VIOLET	VIOLET	FAST/ABSTINENCE	WHITE
						FAST
						WHITE

	ST. GREGORY THE GREAT, PCD	FERIAL DAY [MASS OF PRECEDING SUNDAY]	FERIAL DAY [MASS OF PRECEDING SUNDAY]	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ST. PATRICK, BPC	ST CYRIL OF JERUSALEM BPCD
19	20	21	22	23	24	25
ROSE	FAST	WHITE	WHITE	FAST	FAST/ABSTINENCE	WHITE
						FAST
						WHITE

	ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY	ST. BENEDICT, AB	ST. ISIDORE THE FARMER, C	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ST. GABRIEL, ARCHANGEL	THE ANNUNCIATION OF THE BVM
26	27	28	29	30	31	
VIOLET	FAST	WHITE	FAST	VIOLET	FAST	VIOLET

PASSION SUNDAY

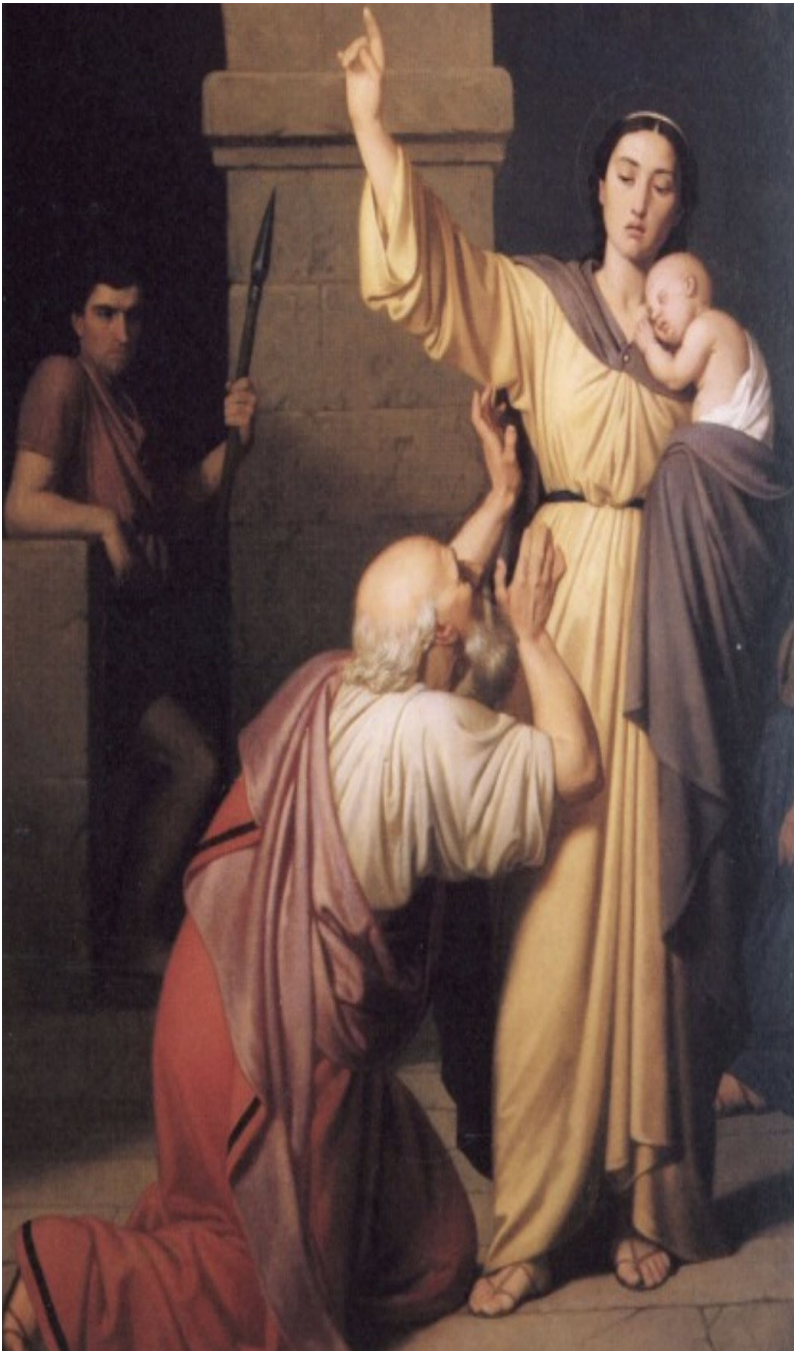
ST. JOHN DAMASCENE, CD

ST. JOHN CAPISTRAN, C

FERIAL DAY (MASS OF PRECEDING SUNDAY)

FERIAL DAY (MASS OF PRECEDING SUNDAY)

FERIAL DAY (MASS OF PRECEDING SUNDAY)



PRAYER TO THE HOLY GHOST

Come, Holy Ghost, Creator blest, and in our souls take up Thy rest,
Come with Thy grace and heavenly aid, And fill the hearts which Thou hast made. To Thee, the Comforter, we cry, To Thee, the gift of God most high,
The fount of life, the fire of love, The soul’s anointing from above.

The sevenfold gifts of grace are Thine, O Finger of the hand Divine;
True promise of the Father Thou, Who dost the tongue with speech endow.
Thy light to every thought impart, And shed Thy love in every heart;
Our bodies poor infirmity, With strength perpetual fortify.

Our mortal foe afar repel, Grant us henceforth in peace to dwell;
If thou be our preventing guide, No evil can our step betide.
Make Thou to us the Father known; Teach us th’ Eternal Son to own
And Thee, Whose name we ever bless, Of Both the Spirit to confess.

All glory while the ages run Be to the Father and the Son,
Who rose from death; the same to Thee, O Holy Ghost, Eternally. Amen
(Roman Breviary)

V. Send forth Thy Spirit and they shall be Created;
W.
R. And Thou shalt renew the face of the earth.

Let us pray.

O God, who did teach the hearts of Thy faithful people by sending them the light of Thy Holy Spirit, grant us by the same Spirit to have a right judgement in all things, and evermore to rejoice in His holy comfort. Through Christ Our Lord. Amen

(An indulgence of 5 years Plenary indulgence once a month recitation hymn versicle and collect)

OCTOBER MONTH OF THE HOLY ROSARY

Blessed be the Most Sacred Heart of Jesus in the Most Holy Eucharist! (An indulgence of 300 days)

SUN	MON	TUES	WED	THUR	FRI	SAT
1GREEN2	WHITE3	WHITE4	WHITE5	RED6	FAST/ABSTINENCEWHITE7	WHITE
18TH SUNDAY AFTER PENTECOST ST. REMIGIUS, BpC	HOLY GUARDIAN ANGELS	ST. THERESA OF THE CHILD JESUS, V	ST. FRANCIS OF ASSISI, C	ST. PLACIDUS & COMP., MM	FIRST FRIDAY ST. BRUNO, C	FIRST SATURDAY THE MOST HOLY ROSARY
8GREEN9	WHITE10	WHITE11	WHITE12	GREEN13	FAST/ABSTINENCEWHITE14	RED
19TH SUNDAY AFTER PENTECOST ST. BRIDGET, W	ST. JOHN LEONARD, C ST. DIONYSIUS BP & COMP MM	ST. FRANCIS BORGIA, C	MATERNITY OF THE BVM	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ST. EDWARD, KING OF ENGLAND, C	ST. CALLISTUS I, PM
15GREEN16	WHITE17	WHITE18	RED19	WHITE20	FAST/ABSTINENCEWHITE21	WHITE
20TH SUNDAY AFTER PENTECOST ST. TERESA OF AVILA, V	ST. HEDWIG, W	ST MARGARET MARY ALACOQUE V	ST. LUKE, EV	ST. PETER OF ALCANTARA, C	ST. JOHN CANTIUS, C	OUR LADY’S SATURDAY ST. HILARION, AB ST. URSULA & COMP., VVMM
22GREEN23	GREEN24	WHITE25	RED26	RED27	FAST/ABSTINENCEVIOLET28	RED
21ST SUNDAY AFTER PENTECOST	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ST. RAPHAEL THE ARCHANGEL	ST CHRYSANTHUS & DARIA MM	ST. EVARISTUS, PM	VIGIL OF ST SIMON & JUDE APP	STS. SIMON & JUDE, APP
29WHITE30	WHITE31	VIOLET				
KINGSHIP OF OUR LORD JESUS CHRIST	FERIAL DAY [MASS OF PRECEDING SUNDAY]	VIGIL OF ALL SAINTS				

QUEEN OF THE HOLY ROSARY

Queen of the most holy Rosary, in these times of such brazen impiety, manifest thy power with the signs of thine ancient victories, and from thy throne, whence thou dost dispense pardon and graces, mercifully regard the Church of thy Son, His Vicar on earth, and every order of clergy and laity, who are sore oppressed in the mighty conflict.

Do thou, who art the powerful vanquisher of all heresies, hasten the hour of mercy, even though the hour of God's justice is every day provoked by the countless sins of men.

For me who am the least of men, kneeling before thee in supplication, do thou obtain the grace I need to live righteously upon earth and to reign among the just in heaven, the while in company with all faithful Christians throughout the world, I salute thee and acclaim thee as Queen of the most holy Rosary.

Queen of the most holy Rosary, pray for us!

Amen.



APRIL 2023–MONTH OF THE HOLY SPIRIT

Eucharist Heart of Jesus, Pattern of the Priestly Heart, have mercy of us. (An indulgence of 300 days)

SUN	MON	TUES	WED	THUR	FRI	SAT
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30	GREEN	1	FAST	WHITE	FIRST SATURDAY ST. FRANCIS OF PAULA, C	
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2	VIOLET	3	FAST	4	FAST	5	FAST	6	VIOLET	7	FAST	8	FAST	VIOLET / WHITE
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9	WHITE	10	WHITE	11	WHITE	12	WHITE	13	WHITE	14	FAST / ABSTINENCE	15	WHITE	PALM SUNDAY
MONDAY IN HOLY WEEK		TUESDAY IN HOLY WEEK		SPY WEDNESDAY WEDNESDAY IN HOLY WEEK		MAUNDY THURSDAY		GOOD FRIDAY		HOLY SATURDAY		FAST UNTIL NOON		

16	WHITE	17	WHITE	18	RED	19	WHITE	20	WHITE	21	FAST / ABSTINENCE	22	WHITE	EASTER SUNDAY
EASTER MONDAY		EASTER TUESDAY		EASTER WEDNESDAY		EASTER THURSDAY		EASTER FRIDAY		EASTER SATURDAY				

23	WHITE	24	WHITE	25	RED	26	RED	27	WHITE	28	FAST / ABSTINENCE	29	WHITE	LOW SUNDAY
ANICETUS, PM		FERIAL DAY (MASS OF PROCEEDING SUNDAY)		FERIAL DAY (MASS OF PROCEEDING SUNDAY)		FERIAL DAY (MASS OF PROCEEDING SUNDAY)		ST. ANSELUM, BPCD		STS. SOTER & CAIUS, PPM				

GOOD SHEPARD SUNDAY
2ND SUNDAY AFTER EASTER
ST. GEORGE, M

ST. FIDELIS OF SIGMARINGEN M

ST. MARK, EV
[THE GREATER LITANIES]

SOLEMNITY OF ST. JOSEPH,
SPOUSE OF THE BVM
ST CLETUS & MARCELLINUS

ST. PETER CANISIUS, CD
WITHIN THE OCTAVE

ST. PAUL OF THE CROSS, C
ST. VITALIS, M
WITHIN THE OCTAVE

ST. PETER OF VERONA, M
WITHIN THE OCTAVE

OUR LADY HELP OF CHRISTIANS

Immaculate Virgin, Mother of God and Our Mother, Mary, Thou seest the attacks that are everywhere made by the devil and the world upon the Catholic faith, in which, by God’s grace, we intend to live and die, in order that we may attain to eternal glory. Do Thou, the Help of Christians, renew Thou ancient victories and save Thy children. They entrust to Thee their firm purpose never to enroll themselves in societies hostile to our holy religion; do thou, who art all holy, present to Thy divine Son our good resolutions and obtain for us the grace we need to be unshaken in their observance even to the end of life. Console the visible Head of the Church, sustain the Catholic episcopate, protect the clergy and the people who proclaim thee Queen; by the power of thine intercession hasten the day when all nations shall be gathered at the feet of the chief Shepard. Amen.

Mary, Help of Christians, Pray for us!

(Indulgence 500 days)



SEPTEMBER 2023 – MONTH OF OUR LADY OF SORROWS

Eucharistic Heart of Jesus, furnace of divine charity, give peace to the world. (An indulgence of 300) days

SUN	MON	TUES	WED	THUR	FRI	SAT
					1FAST / ABSTINENCEWHITE	2WHITE
					FIRST FRIDAY ST. GILES, AB TWELVE HOLY BROTHERS, MM	FIRST SATURDAY ST. STEPHEN KING OF HUNGARY C
3GREEN	4	GREEN5	WHITE6	GREEN7	GREEN8FAST / ABSTINENCEWHITE	9WHITE
14TH SUNDAY AFTER PENTECOST ST. PIUS X, PC	FERIAL DAY [MASS OF PRECEDING SUNDAY] RETREAT	ST. LAWRENCE JUSTINIAN, BPC RETREAT	FERIAL DAY [MASS OF PRECEDING SUNDAY] RETREAT	FERIAL DAY [MASS OF PRECEDING SUNDAY] RETREAT	THE NATIVITY OF THE BVM ST. HADRIAN, M AB RETREAT	ST. PETER CLAVER, C ST. GORGONIUS, M
10GREEN	11RED	12WHITE	13GREEN	14RED	15FAST / ABSTINENCEWHITE	16RED
15TH SUNDAY AFTER PENTECOST ST. NICHOLAS OF TOLENTINO C	STs. PROTUS & HYACINTH, MM	THE MOST HOLY NAME OF MARY	FERIAL DAY [MASS OF PRECEDING SUNDAY]	HE EXALTATION OF THE HOLY CROSS	THE SEVEN SORROWS OF THE BVM ST. NICOMEDES, M, AB	STs. CORNELIUS, PM & CYPRIAN, BPM ST. EUPHEMIA, VM LUCY AND GEMINIANUS MM
17GREEN	18WHITE	19RED	20RED	21RED	22FAST / ABSTINENCEWHITE	23RED
16TH SUNDAY AFTER PENTECOST THE IMPRESSION OF THE STIGMATA OF ST. FRANCIS, C	ST. JOSEPH OF CUPERTINO, C	ST JANUARIUS BP & COMP MM	EMBER WEDNESDAY ST. EUSTACE & COMP., MM VIGIL OF ST. MATTHEW	ST. MATTHEW, APEV	EMBER FRIDAY ST. THOMAS OF VILLANOVA, BPC ST. MAURICE & COMP., MM	EMBER SATURDAY ST. LINUS, PM ST. THECLA, VM
24GREEN	25GREEN	26RED	27RED	28RED	29FAST / ABSTINENCEWHITE	30WHITE
17TH SUNDAY AFTER PENTECOST OUR LADY OF RANSOM	FERIAL DAY [MASS OF PRECEDING SUNDAY]	ST ISAAC JOGUES & COMP. MM STs. CYPRIAN & JUSTINA, MM	STs. COSMAS & DAMIAN, MM	ST. WENCESLAUS, M	DEDICATION OF ST. MICHAEL, ARCHANGEL	ST. JEROME, CD

CONSECRATION TO
OUR LADY OF SORROWS

Most holy Virgin and Queen of Martyrs, Mary, would that I could be in Heaven, there to contemplate the honours rendered to thee by the Most Holy Trinity and by the whole Heavenly Court!

But since I am still a pilgrim in this vale of tears, receive from me, thy unworthy servant and a poor sinner the most sincere homage and the most perfect act of vassalage a human creature can offer thee.

In thy Immaculate Heart, pierced with so many swords of sorrow, I place today my poor soul forever; receive me as a partaker in thy dolors, and never suffer that I should depart from that Cross on which thy only begotten Son expired for me.

With thee, O Mary, I will endure all the sufferings, contradictions, infirmities, with which it will please thy Divine Son to visit me in this life.

All of them I offer to thee, in memory of the Dolors which thou didst suffer during thy life, that every thought of my mind, every beating of my heart may henceforward be an act of compassion to thy Sorrows, and of complacency for the glory thou now enjoyest in Heaven.

Since then, O Dear Mother, I now compassionate thy Dolors, and rejoice in seeing thee glorified, do thou also have compassion on me, and reconcile me to thy Son Jesus, that I may become thy true and loyal son (daughter); come on my last day and assist me in my last agony, even as thou wert present at the Agony of thy Divine Son Jesus, that from this painful exile I may go to Heaven, there to be made partaker of thy glory in Heaven. Amen. (indulgence 500 days)



MAY 2023—MONTH OF THE BLESSED VIRGIN MARRY

Eucharistic Heart of Jesus, Have mercy of us! (An indulgence of 300 days)

SUN	MON	TUES	WED	THUR	FRI	SAT
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1 (PLEASE NOTE) OUR LADY HELP OF CHRISTIANS IS PATRONESS OF AUSTRALIA AND THE ANNIVERSARY OF + HIS EXCELLENCY'S CONSECRATION TO THE EPISCOPACY	2 RED	3 WHITE	4 RED	5 WHITE	6 WHITE	7 RED
8 WHITE	9 WHITE	10 WHITE	11 WHITE	12 WHITE	13 RED	14 WHITE
15 WHITE	16 WHITE	17 WHITE	18 WHITE	19 RED	20 WHITE	21 WHITE
22 WHITE	23 VIOLET	24 VIOLET	25 WHITE	26 WHITE	27 WHITE	28 WHITE
29 WHITE	30 WHITE	31 WHITE				

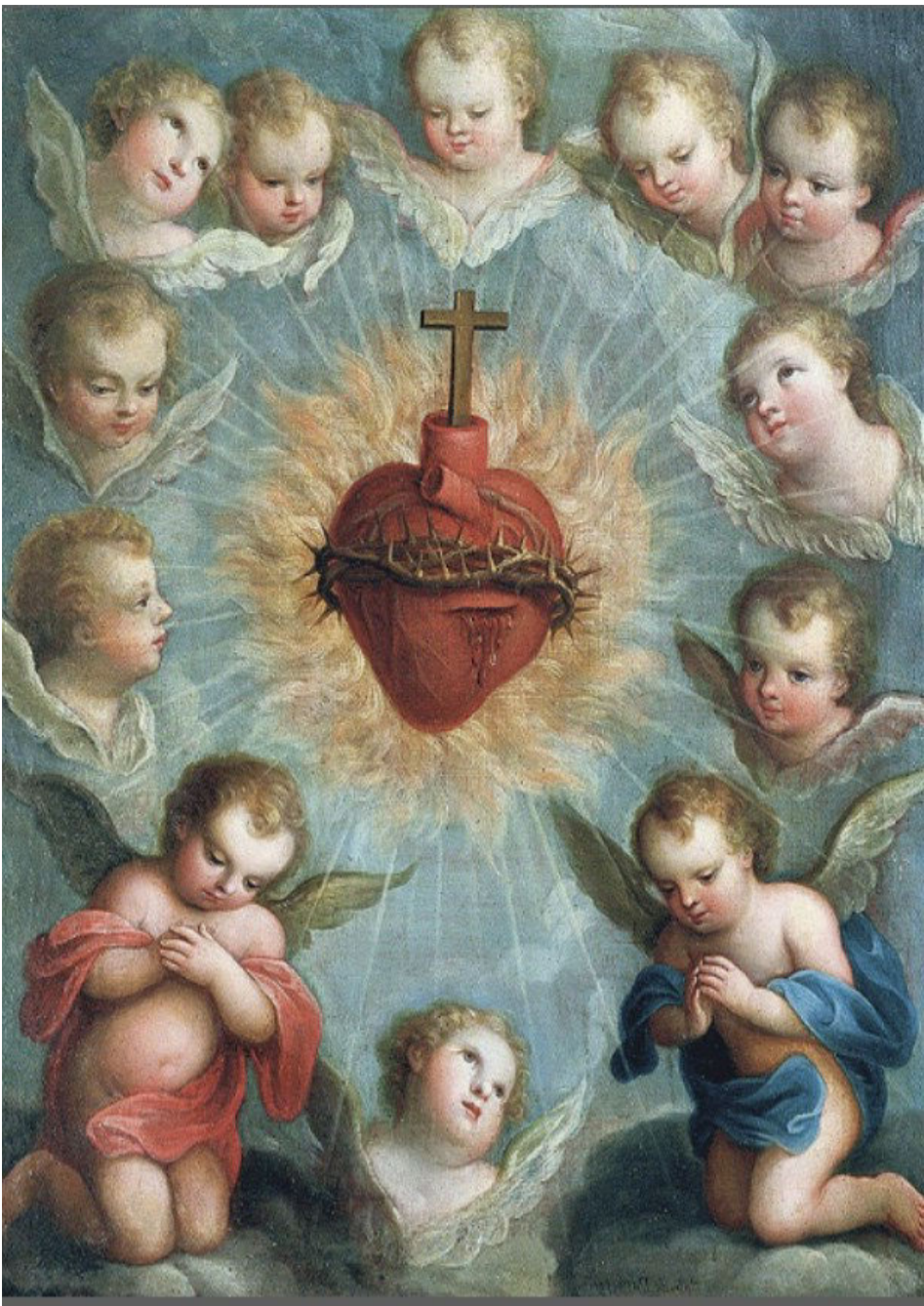
1 ST. ANTONINUS, BPC ST. GORDIAN & EPIMACHUS, MM Ferial Day	2 ST. GREGORY NAZIANZEN, BPCD	3 ST. PASCHAL BAYLON, C VIGIL OF THE ASCENSION	4 ASCENSION THURSDAY HOLY DAY OF OBLIGATION ST. VENANTUS, M	5 ST. PETER CELESTINE, PC ST. PUDENTIANA, V	6 ST. BERNARDINE OF SIENA, C	7 4TH SUNDAY AFTER EASTER ST. STANISLAUS, BPM
8 APP OF ST. MICHAEL THE ARCHANGEL	9 ST. ATHANASIUS, BPCD WITHIN THE OCTAVE	10 FINDING OF THE HOLY CROSS, OCTAVE DAY OF ST. JOSEPH	11 ST. MONICA, W	12 FIRST FRIDAY ST. PIUS V, PC	13 FIRST SATURDAY ST. JOHN, APEV, BEFORE THE LATIN GATE	14 5TH SUNDAY AFTER EASTER ST. BONIFACE, M
15 ST. JOHN BAPTIST DE LA SALLE, C ST. UBALDUS, BPC LESSER LITANIES	16 ST. JOHNSHIP OF THE BVM QUEENSHIP OF THE BVM PENTECOST WEDNESDAY	17 OUR LADY HELP OF CHRISTIANS PENTECOST MONDAY ST. MARY MAGDALEN DEI PAZZI, V ST. FELIX I, PM	18 OCTAVE OF THE ASCENSION POPE GREGORY VII PC, ST URBAN I, PM	19 ST. PHILIP NERI, C ST. ELEFTHERIUS, PM WITHIN THE OCTAVE	20 ST. BEDE, THE VENERABLE, CD WITHIN THE OCTAVE ST. JOHN I, PM	21 SUNDAY WITHIN OCTAVE OF THE ASCENSION ST AUGUSTINE OF CANTERBURY PENTECOST SUNDAY
22 WHITE	23 VIOLET	24 VIOLET	25 WHITE	26 WHITE	27 WHITE	28 WHITE
29 WHITE	30 WHITE	31 WHITE				

PRAYER TO THE SACRED HEART OF JESUS

My most loving Jesus, I consecrate myself to-day anew without reserve to thy divine Heart, I consecrate to Thee my body with all its senses, my soul with all its faculties, and in short, my entire being. I consecrate to Thee all my thoughts, words and deeds; all my sufferings and labors; all my hopes, consolations and joys; and chiefly do I consecrate to Thee this poor heart of mine, to the end that it may love nothing save only Thee, and may be consumed as a victim in the fire of Thy love. Accept, O Jesus, Thou dearest Spouse of my soul, the desire which I have of consoling Thy divine Heart, and of belonging to Thee for ever.

Take possession of me in such wise that from this day forth I may have no other freedom, save that of loving Thee, and no other life, save that of suffering and dying for Thee: I put my trust in Thee without reserve, and I hope for the remission of my sins through Thou infinite bounty. I place within Thy hands all my cares and anxieties, especially as touching my eternal salvation. I promise to love Thee and Honor Thee to the last moment of my life, and to spread, as much as I can the worship of Thy Most Sacred Heart. Dispose of me, my Jesus, according to thy good pleasure; I would have no other reward save the greater glory and Thy holy love. Grant me grace to find my home in Thy divine Heart; here would I pass every day of my life; here would I breathe forth my last breath; only do Thou establish in my Heart Thy dwelling place, the seat of Thy rest in order that we may thus remain inseparably united; and so may I one day be able to praise Thee, love Thee and possess Thee for ever in the kingdom of heaven, where I shall sing without end the infinite mercies of the Sacred Heart.

(indulgence 500 days once a day)



AUGUST 2023—MONTH OF THE IMMACULATE OF MARY

Eucharistic Heart of Jesus, increase in us faith, hope and charity! (An indulgence of 300 days)

SUN	MON		TUES		WED		THUR		FRI		SAT			
			1	WHITE	2	WHITE	3	RED	4	FAST / ABSTINENCE	WHITE	5	WHITE	
			ST PETER CHAINS ST PAUL AP THE HOLY MACHABEES, MM		ST ALPHONSUS MARY DE LIGUORI ST. STEPHEN I, PM (BPCD)		FINDING OF THE BODY OF ST. STEPHEN, FIRST MARTYR		FIRST FRIDAY ST. DOMINIC, C		FIRST SATURDAY DEDICATION OF THE CHURCH OF OUR LADY OF THE SNOWS			
6	WHITE	7	WHITE	8	RED	9	WHITE	10	RED	11	FAST / ABSTINENCE	RED	12	WHITE
TRANSFIGURATION OF OUR LORD 10TH SUNDAY AFTER PENTECOST ST. XYSTUS II, P & COMP., MM		ST. CAJETAN, C ST. DONATUS, BPM		ST. CYRIACUS & COMP., MM		ST. JOHN MARY VIANNEY, C VIGIL OF ST. LAWRENCE ST. ROMANUS, M		ST. LAWRENCE, M		STS. TIBURTUS & SUSANNA, VMM		ST. CLARE, V		
13	GREEN	14	VIOLET	15	WHITE	16	WHITE	17	WHITE	18	FAST / ABSTINENCE	WHITE	19	WHITE
11TH SUNDAY AFTER PENTECOST STS. HIPPOLYTUS & CASSIAN, MM		VIGIL OF THE ASSUMPTION OF THE BVM ST. EUSEBIUS, C		THE ASSUMPTION OF THE BVM HOLY DAY OF OBLIGATION		ST. JOACHIM, FATHER OF THE BVM, C		ST. HYACINTH, C WITHIN THE OCTAVE BVM OCTAVE DAY OF ST. LAWRENCE		WITHIN THE OCTAVE ST. AGAPITUS, M		ST. JOHN EUDES, C WITHIN THE OCTAVE		
20	GREEN	21	WHITE	22	WHITE	23	WHITE	24	RED	25	FAST / ABSTINENCE	WHITE	26	RED
12TH SUNDAY AFTER PENTECOST ST. BERNARD, ABD WITHIN THE OCTAVE		ST JANE FRANCES DE CHANTAL W WITHIN THE OCTAVE		THE IMMACULATE HEART OF MARY ST. TIMOTHY & COMP., MM		ST. PHILIP BENIZI, C VIGIL OF ST. BARTHOLOMEW		ST. BARTHOLOMEW, AP		ST. LOUIS IX, KING OF FRANCE, C		ST. ZEPHYRINUS, PM		
27	GREEN	28	WHITE	29	WHITE	30	WHITE	31	WHITE					
13TH SUNDAY AFTER PENTECOST ST. JOSEPH CALASANCTIUS, C		ST. AUGUSTINE, BPCD ST. HERMES, M		BEHEADING OF ST. JOHN THE BAPTIST ST. SABINA, M		ST. ROSE OF LIMA, V STS. FELIX & ADAUCTUS, MM		ST. RAYMUND NONNATUS, C						

PRAYER BY ST. ALPHONSUS DE LIGUORI

From the Glories of Mary

Most Holy Virgin Immaculate, my Mother Mary, to Thee who art the Mother of my Lord, the Queen of the universe, the advocate, the hope, the refuge of sinners, I who am the most miserable of all sinners, have recourse this day.

I venerate Thee, great Queen, and I thank Thee for the many graces
Thou hast bestowed upon me even unto this day; in particular for
having delivered me from the hell which I have so often deserved by
my sins.

I love Thee, most dear Lady; and for the love I bear Thee, I promise to serve Thee willingly for ever and to do what I can to make Thee loved by others also. I place in Thee all my hopes for salvation; accept me as thy servant and shelter me under thy mantle, thou who art the Mother of mercy.

And since thou art so powerful with God, deliver me from all temptations, or at least obtain for me the strength to overcome them until death. From Thee I implore a true love for Jesus Christ. Through Thee I hope to die a holy death. My dear Mother, by the love thou bearest to Almighty God, I pray Thee to assist me always, but most of all at the last moment of my life. Forsake me not then, until thou shalt see me safe in heaven, there to bless Thee and sing of thy mercies through all eternity. Such is my hope. Amen.



JUNE 2023—MONTH OF THE SACRED HEART

Praised and blessed be the Sacred Heart of Jesus and the Precious Blood of Jesus, in the most holy Sacrament of the Altar! (An indulgence of 300 days)

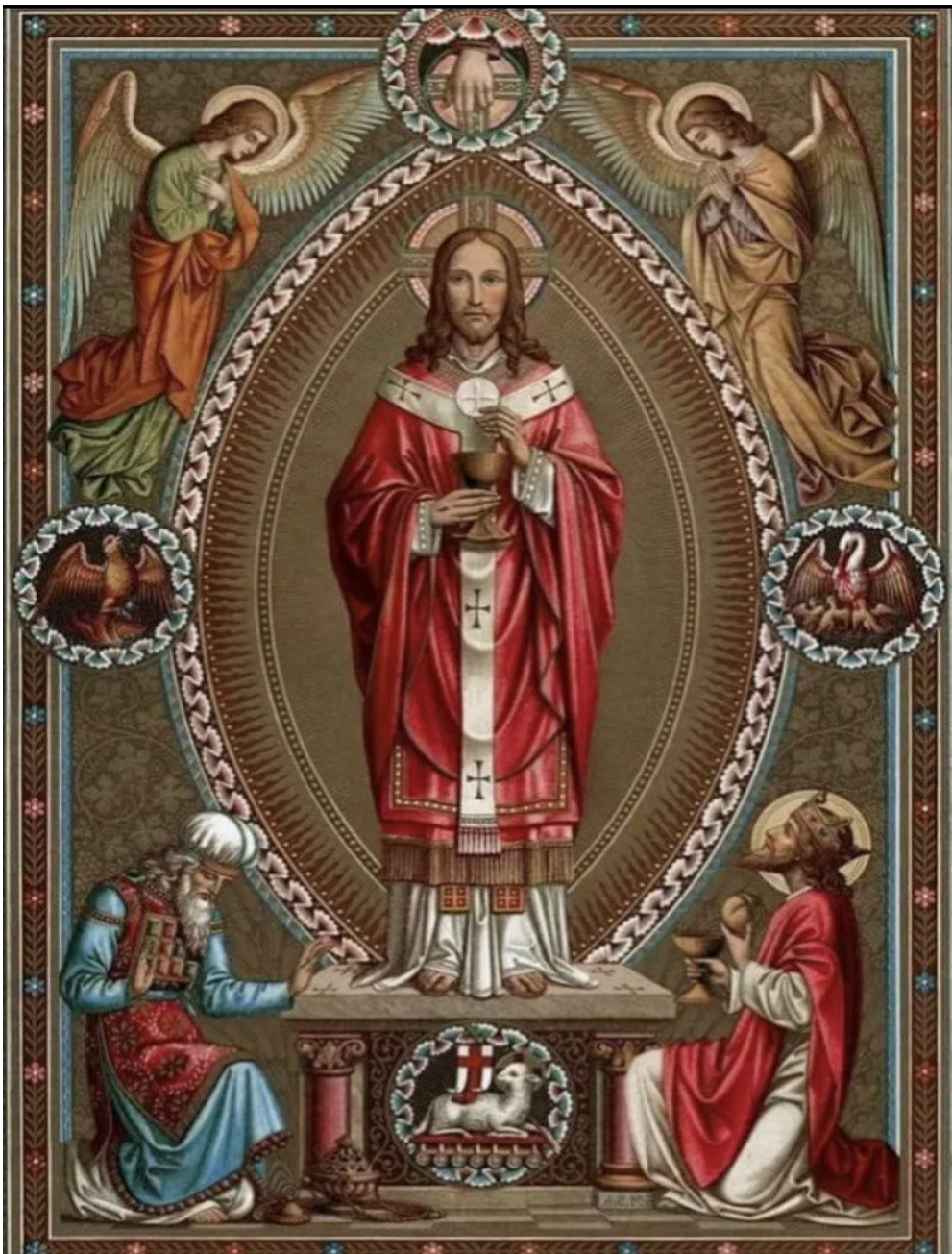
SUN	MON	TUES	WED	THUR	FRI	SAT
<div>1</div> <div>Red</div> <div>2</div> <div>Fast / Abstinence</div> <div>3</div> <div>Red</div>	<div>4</div> <div>White</div> <div>5</div> <div>Red</div> <div>6</div> <div>White</div> <div>7</div> <div>White</div> <div>8</div> <div>Green</div> <div>9</div> <div>White</div> <div>10</div> <div>White</div>	<div>11</div> <div>White</div> <div>12</div> <div>White</div> <div>13</div> <div>White</div> <div>14</div> <div>White</div> <div>15</div> <div>White</div> <div>16</div> <div>Red</div> <div>17</div> <div>White</div>	<div>18</div> <div>White</div> <div>19</div> <div>White</div> <div>20</div> <div>White</div> <div>21</div> <div>White</div> <div>22</div> <div>White</div> <div>23</div> <div>Fast / Abstinence</div> <div>24</div> <div>White</div>	<div>25</div> <div>Green</div> <div>26</div> <div>Red</div> <div>27</div> <div>Red</div> <div>28</div> <div>White</div> <div>29</div> <div>Red</div> <div>30</div> <div>Red</div> <div>31</div> <div>White</div>	<div>1st Sunday After Pentecost</div> <div>St Boniface, BpM</div> <div>St Norbert, BpC</div> <div>Fe'rial Day (Mass For Previous Sunday)</div> <div>Corpus Christi</div> <div>Friday Within The Octave Of Corpus Christi</div> <div>St. Primus And Felician</div> <div>St. Margaret, Queen Of Scotland, W</div>	<div>Trinity Sunday</div> <div>1st Sunday After Pentecost</div> <div>St. Juliana Falconieri, V</div> <div>Sts Gervase & Prothase, Mm</div> <div>St. Silverius, Pm</div> <div>Within The Octave Of The Sacred Heart</div> <div>St. Aloysius Gonzaga, C</div> <div>St. Paulinus, BpC</div> <div>St. John The Baptist</div> <div>St. Peter, Ap</div> <div>Commemoration Of St Paul, Ap</div>

PRAYER TO JESUS IN THE TABERNACLE

Dear Jesus, present in the Sacrament of the altar, be forever thanked and praised. Love, worthy of all celestial and terrestrial love. Who, out of infinite love for me, ungrateful sinner, didst assume our human nature, didst shed Thy most precious blood in the cruel scourging, and didst expire on a shameful cross for our eternal welfare! Now illumined with lively faith, with the outpouring of my whole soul and the fervor of my heart, I humbly beseech Thee, through the infinite merits of Thy painful sufferings, give me strength and courage to destroy every evil passion which sways my heart, to bless Thee in my greatest afflictions, to glorify Thee by the exact fulfillment of all my duties, supremely to hate all sin, and thus to become a saint. (Indulgence 100 days, once a day Pope Pius ix Jan 1, 1866)

OFFERING OF THE PRECIOUS BLOOD

Eternal Father! I offer Thee the precious Blood of Jesus in satisfaction for my sins, and for the wants of Holy Church. (indulgence 100 days, each time Pius vii Sept 22, 1817)



JULY 2023—MONTH OF THE MOST PRECIOUS BLOOD OF OUR LORD

Praised be the Most Sacred Heart of Jesus in the most holy Sacrament! (An indulgence of 300 days)

SUN	MON	TUES	WED	THUR	FRI	SAT
ON THE FEAST DAY OF ST. ANTHONY MARY ZACCARIA, C IS + HIS EXCELLENCY'S ANNIVERSARY ORDINATION TO THE PRIESTHOOD						1RED FIRST SATURDAY MOST PRECIOUS BLOOD OF OUR LORD JESUS CHRIST
2WHITE	3WHITE	4RED	5WHITE	6RED	7FAST / ABSTINENCE	8WHITE
THE VISITATION OF THE BVM 5 TH SUNDAY AFTER PENTECOST STS PROCESSUS & MARTINIAN MM	ST. LEO II, PC WITHIN THE OCTAVE OF STS. PETER AND PAUL	WITHIN THE OCTAVE OF STS. PETER AND PAUL	ST. ANTHONY MARY ZACCARIA, C WITHIN THE OCTAVE OF STS. PETER AND PAUL	OCTAVE DAY OF STS. PETER & PAUL, APP	FIRST FRIDAY STS. CYRIL & METHODIUS, BPPCC	OUR LADY'S SATURDAY ST ELIZABETH QUEEN OF PORTUGAL W
9GREEN	10RED	11RED	12WHITE	13RED	14FAST / ABSTINENCE	15WHITE
6 TH SUNDAY AFTER PENTCOST	SEVEN HOLY BROTHERS MM STS RUPINA & SECUNDA VM	ST. PIUS I, PM	ST. JOHN GUALBERT, AB STS. NABOR & FELIX, MM	ST. ANACLETUS, PM	ST. BONAVENTURE, BPCD	ST HENRY II EMPEROR OF GERMANY, C
16GREEN	17WHITE	18WHITE	19WHITE	20WHITE	21FAST / ABSTINENCE	22WHITE
7 TH SUNDAY AFTER PENTECOST, OUR LADY OF MOUNT CARMEL	ST. ALEXIUS, C	ST. CAMILLUS DE LELLIS, C ST SYMPHOROSA & HER SEVEN SONS MM	ST. VINCENT DE PAUL, C	ST. JEROME EMILIAN, C ST. MARGARET, VM	ST. PRAXEDES, V	ST. MARY MAGDALEN, PENITENT
23GREEN	24VIOLET	25RED	26WHITE	27RED	28FAST / ABSTINENCE	29RED
8 TH SUNDAY AFTER PENTECOST ST. APOLLINARIS, BPM ST. LIBORIUS, BPC	VIGIL OF ST JAMES ST. CHRISTINA, VM	ST. JAMES THE GREATER, AP ST. CHRISTOPHER, M	ST. ANNE, MOTHER OF THE BVM	ST. PANTALEON, M	ST. NAZARIUS & COMP., MM	ST. MARTHA, V ST. FELIX II & COMP., MM
30GREEN	31WHITE					
9 TH SUNDAY AFTER PENTECOST STS. ABDON & SENNEN, MM	ST IGNATIUS OF LOYOLA, C					